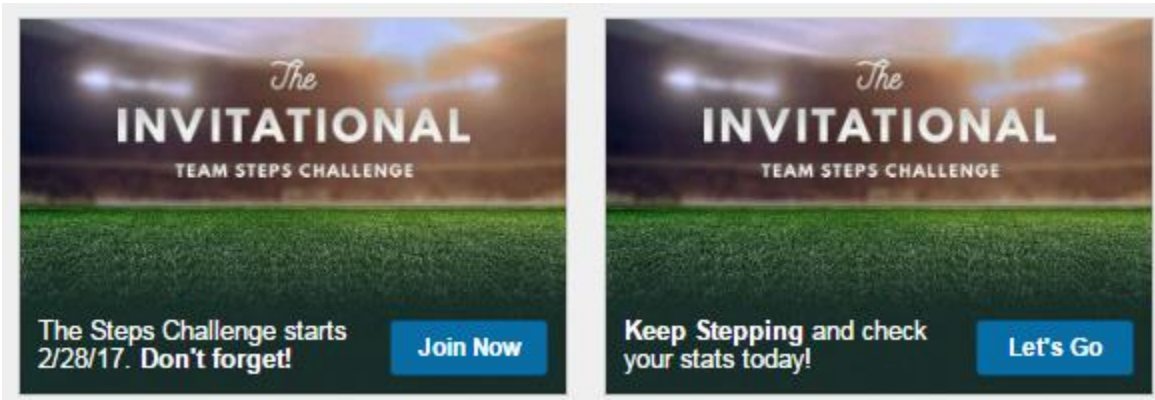
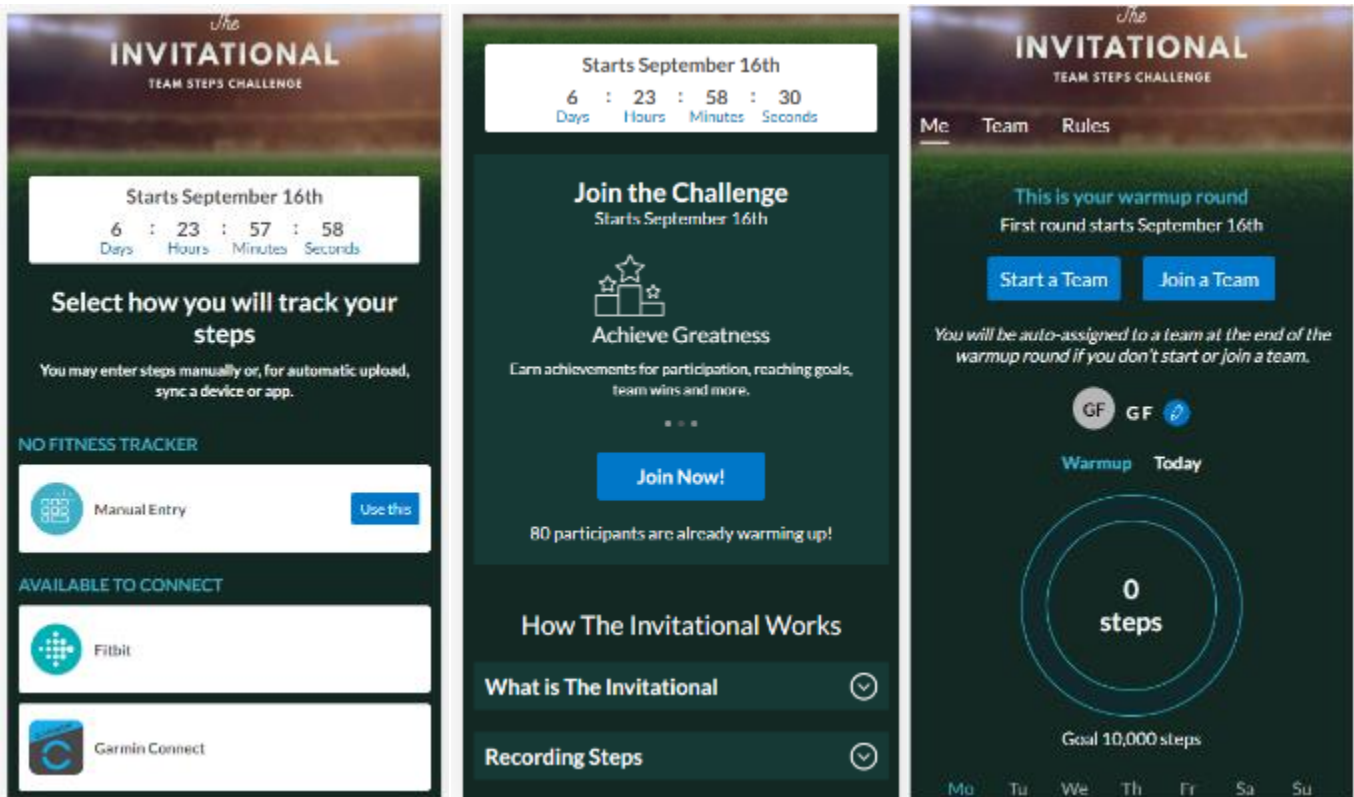


JOINING THE INVITATIONAL

Select the “Join Now” button to register for the challenge. Once you are registered, the button will change to “Let’s Go” for the remainder of the challenge.

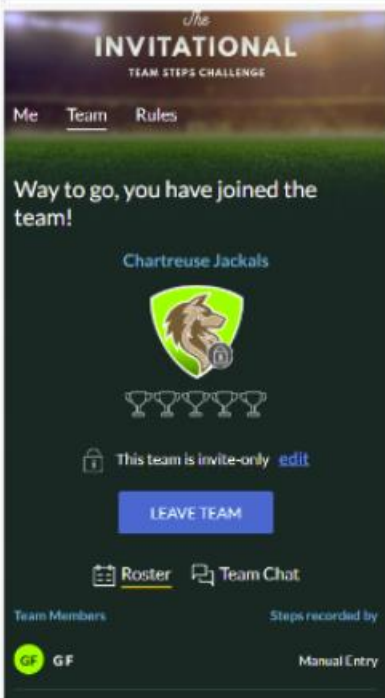
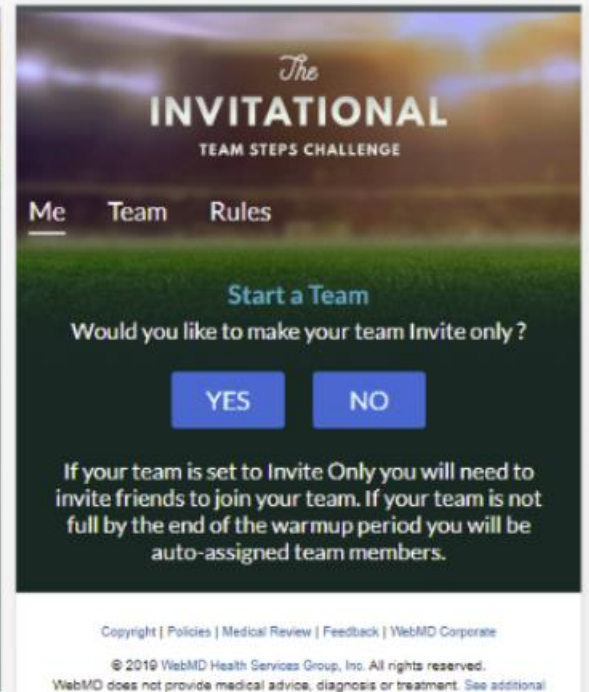
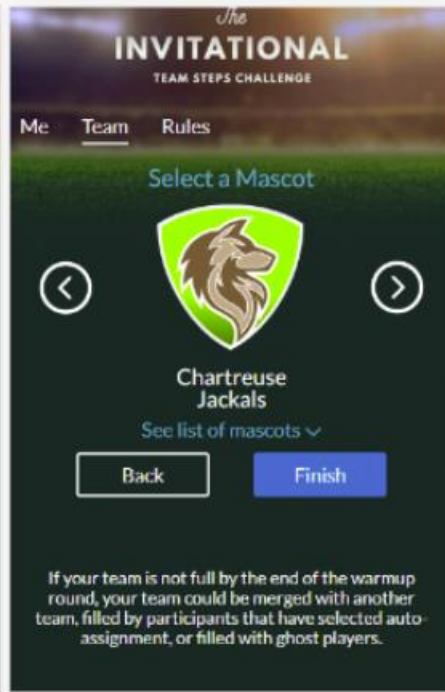


To join the challenge, follow the series of prompts that will guide you through connecting your fitness device and joining a challenge. You will be given the choice to either start a team or join an existing team.



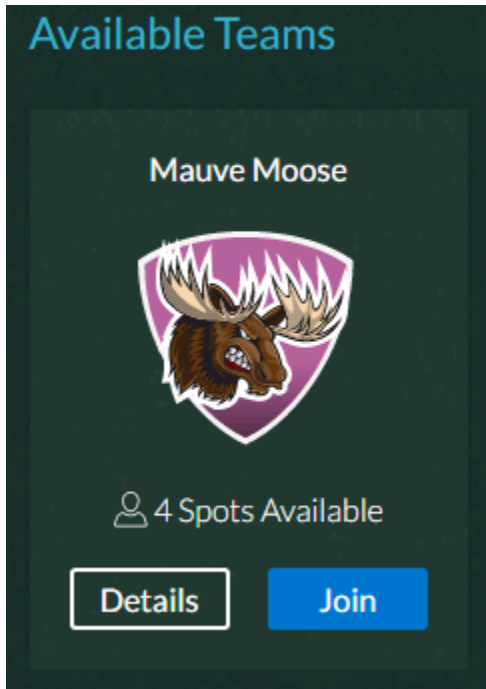
START A TEAM

It is easy to create or join a team. Select create team and follow the prompts to choose a team color and a mascot. During this process, you will have the option to make your team "invite only". This means that only users that are sent an invitation to join a team may join the team. The invitation will be sent to the email address that participants are using within the LIVeWell portal. It is recommended you follow up with the invited team members to ensure they received your invite.



JOINING A TEAM

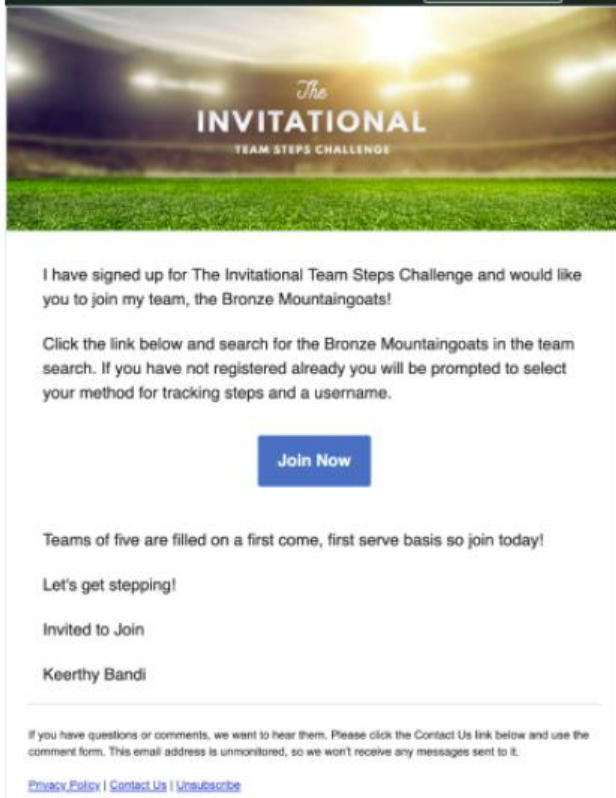
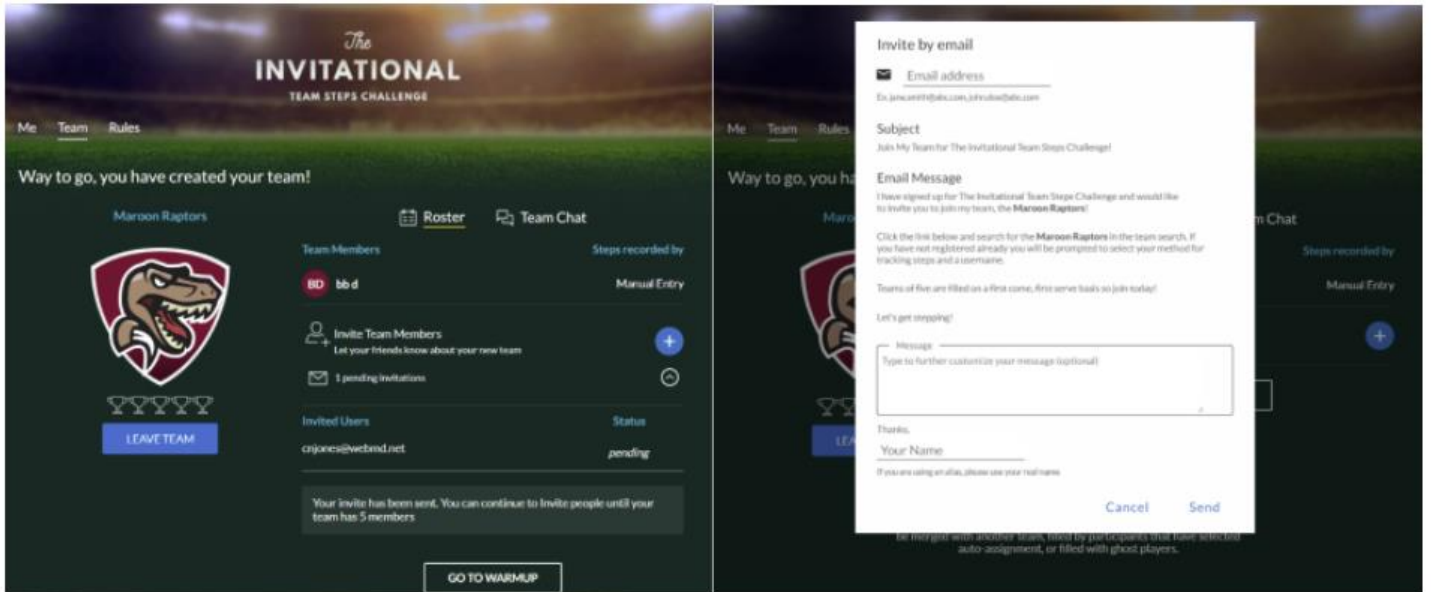
Joining a team is simple as well. If you choose to join an *existing team* you will be presented with a tiled display of all teams. The "Details" button allows you to view team members and the "Join" button adds you to the team roster.



INVITING FRIENDS TO JOIN

Users who have joined a team can click on the blue plus sign in the Invite Team Members section of the Teams tab to send email Invitations to their friends and colleagues. Note that the inviter must enter an email address that is associated with a registered user of L1veWell portal.

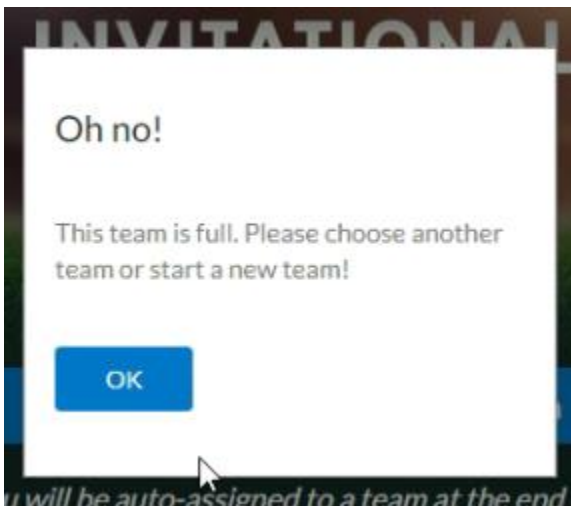
Invitees will receive an email with the name of the individual inviting them and the respective team. To join the team the user will need to login, register for the Invitational (if they haven't already done so), and search for the team in the team search page.



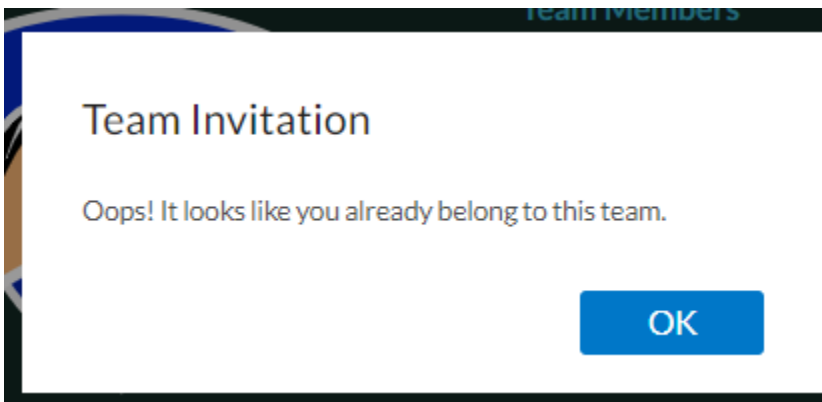
ACCEPTING AN INVITE

When you accept an invite and click on the "Join Now" button on the invite email, once you log into the site, you could see one of the following messages:

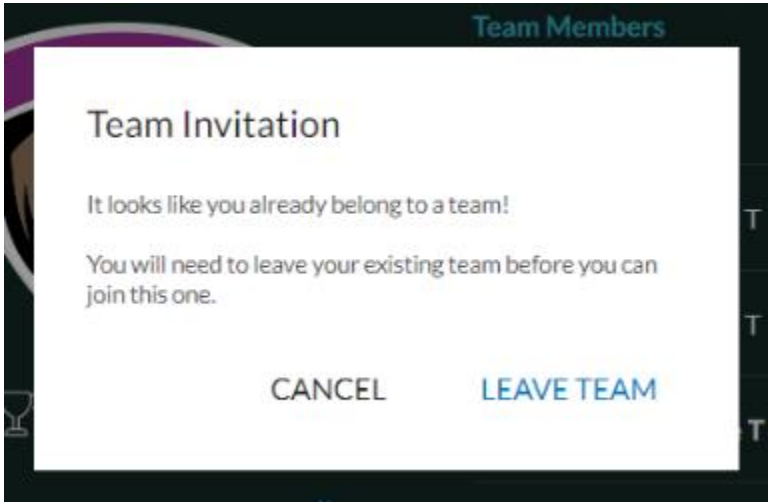
If the team is full, you will see this message:



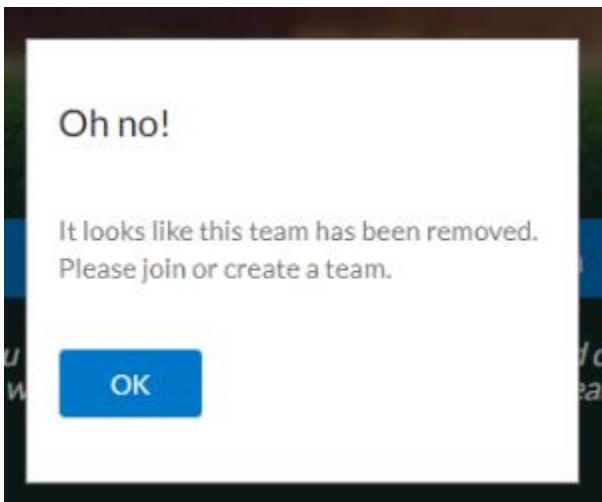
If you are already on the team, you will see this message:



If you are on another team, you will see this message:



If the team has been removed, you will see this message:



Enjoy building camaraderie and encouraging your teammates throughout the challenge. If you have additional questions, please refer to the Invitational FAQ found under "Rules." Have fun stepping!