

# See a therapist or psychiatrist from anywhere.

Download the Doctor On Demand® app on your phone or use your computer to connect to high-quality virtual mental health care.

## You have mental health care available at your fingertips.



### Virtual care available anywhere

Connect to a virtual visit from anywhere you have internet access.



### Top therapists and psychiatrists

See an experienced professional who can help with your mental health.



### Your choice of friendly doctors

Pick the therapist or psychiatrist you feel most comfortable seeing.

## Get the right care for your mental health.

### See a therapist for help with:

- Stress
- Anxiety
- Depression
- Relationships
- And more

### See a psychiatrist for help with:

- Severe depression
- Overwhelming anxiety
- Bipolar disorder
- Eating disorders
- And more

Effective 1/1/25: \$0 virtual primary care, urgent care and behavioral health services are available to non-union employees & eligible dependents enrolled in the Lennox Green or Blue medical plans.



download the app

## Book a visit.

[doctorondemand.com/lennox](https://doctorondemand.com/lennox)

