



**\$0**  
cost  
to you

# Access health programs built just for you


Lennox is offering Omada® for one-on-one health coaching, specialist support and smart devices to help members manage diabetes, lower blood pressure or lose weight.\*

**The best part: Omada is no cost to you if you're eligible to join—up to a \$1,700 value.**

## Join Omada for access to

- ✓ Personal support from a health coach and specialist\*
- ✓ Easy monitoring with smart devices and tools
- ✓ Online peer groups and communities





Claim My Benefit  
[omadahealth.com/lennox](https://omadahealth.com/lennox)

## Programs available to you



**Easier  
diabetes  
management**



**Take  
control of  
blood pressure**



**Manage weight  
and lower  
health risks**

If you or your adult family members are enrolled in a UMR health plan, are at risk for type 2 diabetes or heart disease or are living with diabetes or high blood pressure, and are eligible for the Omada program, membership is covered by LII.

## All members receive a welcome kit\*

With easy-to-use devices, shipped to your door and yours to keep. All at no cost to you.

- ✓ Two continuous glucose monitor sensors (CGMs)
- ✓ Blood glucose meter
- ✓ Ongoing supply of test strips and lancets
- ✓ Blood pressure monitor
- ✓ Smart scale

\*Certain features and smart devices are only available for certain programs and if you meet program and clinical eligibility requirements. CGMs are only available if you qualify for the diabetes program. CGMs also require a prescription and a compatible smartphone. You will receive two (2) CGM sensors—one after you enroll and the other at the six month follow-up.

Images, including apps, do not reflect real members or information about a specific person.