

Connect to mental health care from anywhere—at no additional cost to you.

See a top therapist or psychiatrist right on your phone. With next-day virtual visits available, Doctor on Demand® by Included Health helps you make a real connection with a provider you'll feel comfortable seeing again and again.

Find the right mental health care, right away.



Choose from a network of experienced therapists and psychiatrists to find the right one for your unique needs.



Get help with anxiety, depression, relationships, and medication management, including new or existing prescriptions.



With next-day virtual visits available, connect face to face from your smartphone or computer when and where you're most comfortable.

How much does it cost?

Virtual visits have a \$0 co-pay as part of your benefits.

How do I get started?

1. Download the Doctor On Demand app.
2. Activate your account or log in.
3. Get the mental health care you need.

Effective 1/1/25: \$0 virtual primary care, urgent care and behavioral health services are available to non-union employees & eligible dependents enrolled in the Lennox Green or Blue medical plans.



Activate your account.

[doctorondemand.com/
lennox](https://doctorondemand.com/lennox)

