

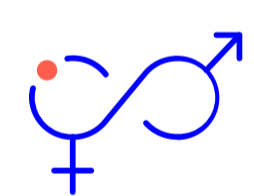
Get confidence in your care from an LGBTQ+ affirming expert.

Included Health finds you or your family a top expert to provide a judgement-free, no-cost second opinion on your care.



Get more than another opinion from another doctor. Get an expert medical opinion from an affirming specialist who respects you and your care, regardless of gender identity or sexual orientation.

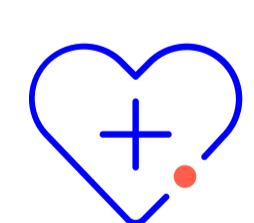
How a second opinion can help:



Considering hormone therapy? Learn about your treatment options, the changes you can expect after starting, and more.



Want support for a child or partner? Connect with us for an expert second opinion for you or a covered dependent.



Thinking about gender-affirming surgery? Get help making sense of your options and finding the the right fit for your goals.

How to get started:



1 Download the **Included Health app** to access your account.

2 Select **Messages** to chat with a care coordinator.

3 Let your care coordinator know you're interested in starting a second opinion.

How our experts can help:

- Transgender medicine
- Gender-affirming surgery
- Gender-affirming hormone therapy
- Family planning
- Gender dysphoria
- Gender identity disorders
- Mental health treatment options
- **And more**



Start a second opinion today.

Download the Included Health app.