

## Your Quantum Health Nurse Care Coordinators provide personalized support.

Nurse Care Coordinators are licensed clinicians available to provide dedicated, one-on-one support throughout your healthcare journey. Your nurse Care Coordinator is one nurse assigned to support both you and your family.

## Your Nurse Care Coordinator goes above and beyond to provide expert guidance on:

- Your employer-provided benefit enhancements
- Managing health conditions like diabetes, high blood pressure, high cholesterol, asthma, chronic obstructive pulmonary disease (COPD), congestive heart failure, kidney disease and high-risk pregnancy
- Preparing for and recovering from inpatient hospital stays
- Ensuring you understand your coverage and have prior approval when needed
- Collaborating with your provider on your care and advocating for your needs
- Solving claims issues and helping you understand your medical bills
- Providing tips on how to improve or maintain your health, and proactively reaching out to you to help you manage your health condition(s) and understand your benefits

## When you don't know where to begin, start with us.

We're problem-solving, frustration-fighting people on a mission to make your healthcare simpler. Your Nurse Care Coordinator is part of a larger team of Quantum Health Care Coordinators who can help you with all your healthcare and benefits needs.







