

IT'S QUICK, EASY AND FREE

Keep yourself and your loved ones healthy with an annual flu shot.



With hundreds of thousands of people hospitalized with the flu each year, **getting the flu vaccine is more important than you might think.**



The flu vaccine has been shown to reduce the chances of a sick visit to the doctor by 40% to 60%.¹

1. Vaccine Effectiveness: How Well Do Flu Vaccines Work? cdc.gov. August 2022.

YOUR QUANTUM HEALTH CARE COORDINATORS ARE HERE FOR YOU

If you need support, a team of nurses and benefits experts is here to help with things like:

- Responding to any questions or concerns you may have about the flu vaccine
- Guiding you to nearby locations that provide the flu vaccine
- Confirming your coverage for the flu vaccine and other recommended immunizations



liiquantum.com

(877) 220-2279
(Monday-Friday, 8:30 a.m.-10 p.m. ET)

