

Half Tab Rx – Tablet Splitting

Through your plan's Half Tab Rx Program, tablet splitting may be a safe, effective way for you to lower your prescription medication costs. To take advantage of the potential savings, your doctor writes a new prescription for double the strength and half the quantity of your current medication. Then, you simply split the tablets in half to safely and easily save up to 50 percent on your prescription costs.

Half Tab Rx works because some medications cost about the same, regardless of dosage. For example, the 20-mg and 40-mg dosages of a popular medication used to treat high cholesterol both cost about \$80.70 for a 30-day supply. When 15 40-mg tablets are split, a 30-day supply of 20-mg half tablets costs only \$40.35. Splitting the 40-mg tablets effectively cuts the cost of your drug in half. See the following example:

| | Without Half Tab Rx | With Half Tab Rx |
|--------------------------|----------------------------|-------------------------------------|
| Drug* and dosage | 20 mg | 40 mg |
| Number of tablets | 30 (whole tablets) | 15 (split in half) |
| Days supplied | 30 | 30 |
| Cost | Plan: \$80.70 You: \$20.00 | Plan: \$40.35 You: \$10.00 |
| Annual savings | None | Plan: \$484.20 You: \$120.00 |

Actual savings vary based on your plan design, but with Half Tab Rx, the savings are real. Helping your plan save money contributes to the overall cost management of your pharmacy benefit plan.

* Drug included in this savings example is a popular medication used to treat high cholesterol.

To Split or Not to Split?

You are not required to split tablets to save money, but if you choose to participate, talk with your doctor before splitting any of your medications. If you and your doctor agree that tablet splitting is a safe way for you to save money, you will need:

1. A new prescription from your doctor for the new dosage of your medication. The prescription must clearly instruct you to take one-half tablet daily.
2. A tablet splitting device. Tablet splitters allow you to cut tablets more accurately and safely. You can purchase one for just a few dollars at a local pharmacy.

Safe Tablet Splitting

Because not all drugs are safe to split, our independent review committee of practicing doctors and pharmacists has defined a list of drugs covered under the Half Tab Rx Program. Only those listed below are eligible for the program.

- Atacand
- Avapro
- Cozaar
- Crestor
- Diovan
- Lexapro
- Lipitor
- *Benazepril* (Lotensin)
- *Citalopram* (Celexa)
- *Doxazosin* (Cardura)
- *Fosinopril* (Monopril)
- *Lisinopril* (Prinivil, Zestril)
- *Metoprolol ER* (Toprol XL)
- *Paroxetine* (Paxil)
- *Pravastatin* (Pravachol)
- *Quinapril* (Accupril)
- *Sertraline* (Zoloft)
- *Simvastatin* (Zocor)
- *Zolpidem* (Ambien)



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