







Doctor On Demand® Benefit Guide



Welcome to Doctor On Demand

See your new virtual primary care doctor and check your checkup off your list.

Now from Doctor On Demand by Included Health, you can see the right doctor for you, right on your phone —from anywhere! Connect with a virtual primary care doctor, therapist, or psychiatrist, on your schedule.

Say ahhh to virtual primary care.

- See a doctor right away, right on your phone 24/7. No waiting rooms, no traffic, no child care necessary.
 Get care around the clock, in your pajamas in as little as 5 minutes.
- Get a diagnosis, treatment plan, prescriptions and more. Your doctor can order labs and imaging, diagnose you, plus write and refill prescriptions—all in your virtual visit.
- Choose a top doctor, not just any doctor. Our doctors have 15+ years experience and extensive training in virtual care. Find the right one for you and see that doctor virtually whenever you need care.

Best of all, you get all the healthcare help you need, all in one place.

-Your Doctor On Demand team



Get started

Join Doctor On Demand in 3 easy steps.

1. Go to doctorondemand.com/Lennox or download the app





2. Sign up and create an account

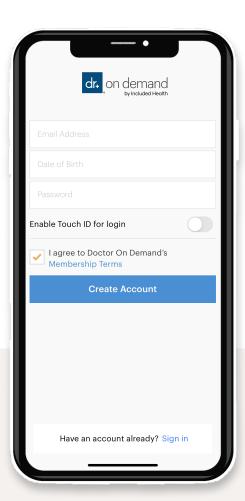
Add Lennox as your employer

Download the Doctor On Demand app.



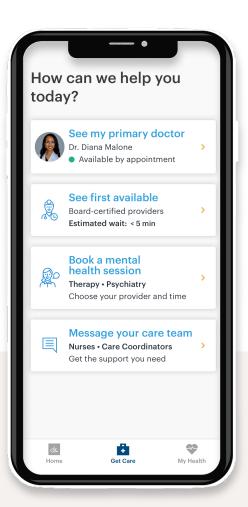
Now you can book and attend your next doctor appointment and see all your healthcare details all in the palm of your hand.

Activate your account.



Have you activated your no-cost account yet? Follow along in the app to get started. Don't forget to enter your employer.

Book your virtual visit.



Use the app to see a doctor in as little as 5 minutes, schedule a visit with your virtual primary doctor, or see a therapist. It's that easy!

Connect face-to-face with your doctor.



From quick check-ups to full work-ups, your doctor will get to know you and provide a personalized treatment plan.

Your first stop for total care

We believe total wellbeing is about supporting all your health needs, physical and mental. See your Doctor On Demand primary care doctor, get 24/7 urgent care, or schedule a mental health appointment all in one convenient place.

PRIMARY CARE

- · Wellness visits
- · Labs and screenings
- · Chronic conditions
- · Diet and nutrition
- Rx management
- Referrals

URGENT CARE

- Cough
- · Cold and flu
- · Sinus infections
- · Skin rashes
- Asthma
- · Urinary tract infections

MENTAL HEALTH CARE

- Anxiety
- Stress
- Depression
- Trauma
- PTSD
- · Bipolar disorder

What it costs

Doctor On Demand costs far less than a trip to the ER and is more convenient than going to a traditional doctor's office. Best of all, we're part of your benefits.

MEDICAL VISIT

\$30*

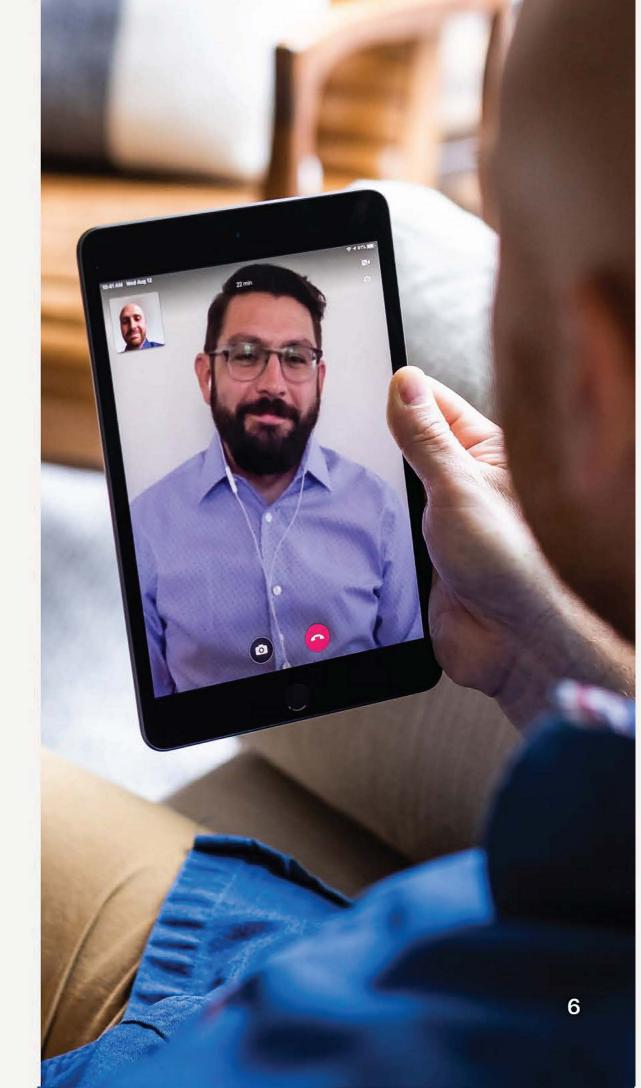
THERAPY VISIT

\$30*

PSYCHIATRY VISIT

\$30*

*Virtual Primary Care Services are available to US nonunion employees starting 1/1/22









The easiest way to get primary care



"Doctor On Demand is so convenient and easy to use, I love it! So much faster and easier than having to go to an office. I can see my doctor for a variety of issues from the comfort of my home."

- Tracy, Wisconsin