



Ever wonder what it would be like to lose weight and feel better ?

Wondr™ is a skills-based digital weight loss program offered by Lennox—at no cost to you*—that has helped hundreds of thousands of people in different stages of health:

- Lose weight
- Feel their best mentally and physically
- Use practical, clinically proven health skills that become life skills

Space is limited.

Learn more at wondrhealth.com/Lennox

Apply between 8/7/2023 - 8/20/2023.

The program begins on 9/4/2023.

*Restrictions and eligibility info can be found at wondrhealth.com/Lennox



BEFORE

Cheryl F.
Benefits Manager

Lost 26 lbs
Gained Confidence

