LIVEWELL

March 2023 Updates

Access a health program built just for you

Join over 700,000 members on their path to improved health.

\$ cost to you if you're eligible

Omada Health

If you or your covered adult dependents are enrolled in the Lennox Medical Plan, are living with diabetes or high blood pressure, and are accepted into the program, you'll receive the program at no additional cost! Register using your Medical ID Number. For more information visit <u>Liibenefits.com</u>

The SurgeryPlus Difference

S Surgery**Plus**

SurgeryPlus...

- Helps you plan and <u>pay less</u> for non-emergent surgical procedures
- You only pay your deductible (coinsurance is waived)
- A Care Advocate will manage the entire process

Call: 833.834.0052



SurgeryPlus

Do you have an upcoming surgery planned for the year? Utilize **SurgeryPlus** to help navigate the entire process, at the best price possible. Not to mention, you are only responsible for paying your deductible! Visit <u>LII.SurgeryPlus.com</u> to Register or visit <u>LiiBenefits.com</u> to learn more.

Leave of Absence

Planning to take a leave of absence and not sure what to do?

Step 1: Notify your HR Business Partner.

Step 2: Notify Sedgwick & submit documentation.

Step 3: Once Sedgwick receives and reviews the documentation, a decision will be made to approve or deny your disability.

Visit the disability page on <u>Liibenefits.com</u> to learn more.

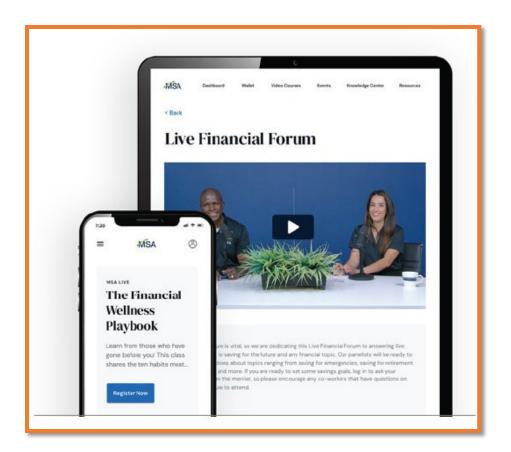
Say ahhh to virtual primary care.



Doctor on Demand (Included Health)

Doctor on Demand lets you see a doctor right away. Connect in minutes via mobile device or computer to a board-certified physician. They can diagnose, treat, and even prescribe if necessary. LII medical plan members, including employees and dependents, pay \$30 per visit. Learn more at Liibenefits.com or register on Doctorondemand.com

Type of care	Your cost
Medical	\$30*
Therapy	\$30*
Psychiatry	\$30*



Magellan Health Financial Wellness

Women & Money

March 14th Register Here

As the wealth gap narrows between women and men, there are still certain financial challenges that are unique to women. We will empower you with action steps to create financial wellness and help you assess your history with money. We will discuss the importance of incorporating emotional intelligence as well as technical aspects of money management to help direct your finances to your highest potential.

Fidelity Financial Wellness



Women Talk Money

Join our all-star panel, including award-winning actor, founder and chief creative officer of The Honest Company Jessica Alba and Fidelity's Joanna Rotenberg, Randelle Lenoir, and Lorna Kapusta to talk about creating change in how we think about careers and money—for ourselves and generations of women to come.

> Tuesday, March 7th at 12pm ET: <u>Register Here</u> Monday, March 20th at 12pm ET: <u>Register Here</u>