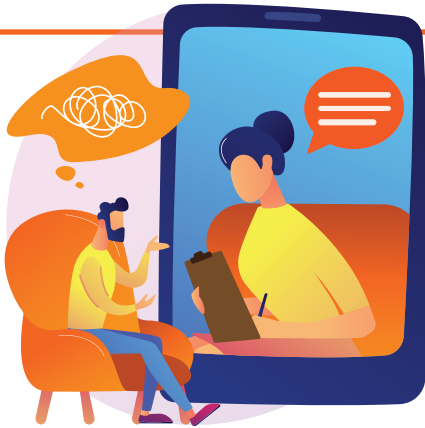


Chronic Condition Management

At LII, you and your family's well-being is important. We provide benefits and resources to help keep you and the ones you love happy and healthy. Beat burnout, connect with a Care Coordinator or get a handle on your hypertension. Your LIIveWell benefits are here when you need them.



Get free confidential counselor support over text, chat, phone or video. Live well every day with

EMPLOYEE ASSISTANCE PROGRAM

MagellanAscend.com

Personalize your well-being experience with LIIveWell.com. Take advantage of your no cost health assessment, Daily Habits program, a Wellness Media Library, lifestyle and condition management programs, and more.

LIIveWell
LIIveWell.com



24/7/365 access to a medical and behavioral health professionals from the comfort and safety of your home. Get peace of mind with

DOCTOR ON DEMAND
DoctorOnDemand.com/Lennox



Manage diabetes with
VIRTA HEALTH
VirtaHealth.com/Join/Lennox

- Free diabetes testing supplies
- Medical care from a physician-led care team
- On-demand resources like recipes, grocery lists, and meal plans



Create behavioral skills focused on mindful eating habits, weight loss, and balanced sleep.

WONDR HEALTH
WondrHealth.com/Lennox

Quiet your mind with
CALM
Free guided meditations designed to help you manage stress, sleep better and live a happier, healthier life.



Discover more about your benefits.

Visit LIIBenefits.com for more information.