

# mysedgwick

With mySedgwick, our secure online self-service tool, users can quickly view their disability and leave of absence claims, confirm return-to-work dates, and more. Log in from your phone, tablet, laptop or web-enabled device and get real-time access to important claims information.

## create a new user account:

- From Work: BenefitSource > Sedgwick  
From Home: [mysedgwick.com/LLI](https://mysedgwick.com/LLI)
- Click new user
- Complete the personal information section of the registration page and click next
- Enter a unique username and password
- Select a security question and answer
- Click submit
- After registering, you will receive a confirmation email containing your registration information

## log in to mySedgwick:

- From Work: BenefitSource > Sedgwick  
From Home: [mysedgwick.com/LLI](https://mysedgwick.com/LLI)
- Provide your username and password

## questions about registering or logging in?

Contact Sedgwick Technical Support at 866.647.7610. The team is available from 6:00 a.m. to 7:00 p.m. Central Time, Monday through Friday.

## ↕ exchange information

Upload documents, confirm a return-to-work date, communicate with your claims specialist and more!



## quickly access claims

Use the dashboard to see claim details, notifications and status updates.

- The [New Claims](#) section displays new claims that were recently filed, and your first day absent, last day and hours worked
- Under [Notifications](#), you will find important events regarding your claim and the tasks you need to complete
- See your claim's progress in the [Activity Stream](#)
- View the [Claims Calendar](#) to see the status of each absence in a weekly or monthly format



## learn more

Visit the learning center for more information about short-term disability and family and medical leave.